Bio Gloria Drewitz

Author and founder of Restora Hypnosis, Gloria Drewitz graduated from Stony Brook University, Phi Beta Kappa, with a Multidisciplinary Studies **concentration.** Board Certified by the National Guild of Hypnotists. Certified by the American Board of Hypnotherapy. She received specialized training in Addictions Hypnotherapy, Investigative Memory Retrieval, and Complementary Medical Hypnosis. She has developed a wide range of programs focusing on spirituality, stress management, self–control, motivation, peak performance, and the mind body connection to maintaining health. She is also a faculty member of the annual educational conference for the NGH (National Guild of Hypnotists). Ms. Drewitz is also a Chaplain and has served as an Interfaith Chaplain at Mount Sinai South Nassau Hospital and on their Holistic Council and Ethics Committee, providing feedback on patients' cases.

Gloria is the founder of Restora Hypnosis, LLC. She commits to helping people make meaningful life affirming changes using hypnosis and collaborating with other approaches to provide the most significant benefits. Her private practice and outreach programs focus on freedom, fulfillment, satisfaction, health, and well-being. She has created a pilot program for the Family and Children's HerTurn Initiative focusing on women recovering from trauma, addictions, and abuse. Her current consulting work for FCA involves an ongoing "Self-Care & Wellness Program for their clients that she facilitates. She also presented an experiential workshop for Catholic Healthcare Service, Behavioral Health Nurses on "Understanding Hypnosis Tools." Ms. Drewitz is also a frequent presenter at Molly College's Institute for Lifelong Learning and an in-service presenter on spiritual tools for Stress Management for the Staff of Mount Sinai South Nassau Hospital. She is married to Mr. Donald Drewitz and is the proud mother of one daughter Francesca.